

Spiritwear, Team Shirt and Uniform

Assumption Track & Field

This handout is designed to inform athletes and parents regarding our team-related purchases.

1. **Spiritwear:** each year, the goal is to provide a set of spiritwear items to team members. These items are an optional purchase, that is – not required, and can be viewed through the team website via the **Spiritwear Info** link. Ordering spiritwear will occur once we have a team store set up.
2. **Team shirt:** this year, we will be requiring each girl on the team to purchase a team shirt. This will be a shirt she wears over her uniform when she arrives at a meet. If any girl earns an award, and there's an awards presentation, then we ask those girls to receive their award wearing the team shirt. This shirt will also be what we plan to wear for team pictures. A common shirt across all members of the team will provide us with a more uniform look, and create a positive image of us as a whole. The team shirt will be sold through an Assumption team store alongside the various spiritwear items we are offering this year. You can view a copy of the team shirt through the **Spiritwear Info** link at our team website.
3. **Uniform:** there are two items that make up the uniform. We ask each girl to purchase her own uniform, and information on that will be provided once we have it.
 - **Uniform singlet:** the uniform singlet in track is a black uniform top. If you are a Cross Country runner with the white uniform top, then talk to us if you'd rather use this uniform (vs getting the black uniform top). There are rules regarding matching uniforms in our sport, but they apply to relays and we need to make sure we won't have any problems with satisfying that rule.
 - **Uniform shorts:** we ask the girls to go out and purchase a black pair of spandex shorts that are the equivalent of volleyball shorts. We can provide suggestions on where to purchase these shorts (e.g. Dicks Sporting Goods), or provide an opportunity to do so via a team store (if there's a demand for this).