

All-time Top 100 Performances: 1600m run

The times below are reported as FAT. Handtimes are adjusted by rounding up to the next higher tenth, followed by adding 0.24 seconds to that result (* = converted handtime).

A "c" indicates that the time was converted from yards to meters (e.g. 100 yards to 100 meters, 1 mile to 1600 meters, etc).

A "#" indicates a 1500m/1600m/3200m time that was taken at the 1500m/1600m/3200m mark in a 1 mile/2 mile race.

Girls 1600m Run

1	4:43.64 c	Reagan Gilmore	6/15/2024	New Balance Outdoor Nationals
2	4:47.42	Reagan Gilmore	3/27/2024	AOC Distance Night
3	4:48.80 c	Reagan Gilmore	5/3/2024	Dream Mile
4	4:50.30 c	Reagan Gilmore	4/12/2024	Flashes Showcase
4	4:50.63 c	Reagan Gilmore	5/5/2023	Dream Mile
5	4:53.64 c	Julia Schmitt	6/15/2024	New Balance Outdoor Nationals
6	4:55.91	Reagan Gilmore	3/29/2023	AOC Distance Night
7	4:56.12	Leah Penick	3/27/2024	AOC Distance Night
8	4:56.67 c	Julia Schmitt	5/3/2024	Dream Mile
9	4:56.84	Katherine Receveur	4/27/2012	Eastern Relays
10	4:57.44 *#	Katherine Receveur	5/4/2012	Dream Mile
11	4:57.95 c	Leah Penick	5/3/2024	Dream Mile
11	4:58.64 *#	Bailey Davis	5/4/2012	Dream Mile
12	4:58.68 c	Leah Penick	6/15/2024	New Balance Outdoor Nationals
13	4:58.87 c	Julia Schmitt	4/19/2024	Eastern Relays
14	4:59.44 *#	Katherine Receveur	5/3/2013	Dream Mile
15	5:01.14 *#	Caroline McCaslin	5/4/2012	Dream Mile
16	5:02.41 c	Katherine Receveur	4/26/2013	Eastern Relays
17	5:02.91 c	Lila Bensenhaver	5/3/2024	Dream Mile
18	5:03.06	Bailey Davis	5/19/2012	State AAA Championship
19	5:03.72 c	Reagan Gilmore	5/6/2022	Dream Mile
20	5:05.77	Katherine Receveur	5/9/2013	Region 4-AAA Championship
21	5:05.84 *#	Katherine Receveur	4/25/2014	Eastern Relays
22	5:06.75	Bailey Davis	4/27/2012	Eastern Relays
23	5:06.79 c	Katherine Receveur	4/12/2013	Franklin Central Showcase
24	5:06.94	Bailey Davis	5/10/2012	Region 4-AAA Championship
25	5:07.08 c	Lila Bensenhaver	4/27/2024	Brother Borgia Invitational
26	5:07.14	Lila Bensenhaver	5/20/2024	Region 4AAA Championship
27	5:07.23 c	Julia Schmitt	4/28/2023	Brother Borgia Invitational
28	5:07.34 *	Katherine Receveur	4/21/2012	Warren East Raider Classic
29	5:07.50 c	Julia Schmitt	5/6/2022	Dream Mile
30	5:07.54 *#	Bailey Davis	5/2/2014	Dream Mile
31	5:07.56	Lila Bensenhaver	6/1/2024	State Class 3A Championship
32	5:07.66	Reagan Gilmore	3/29/2022	AOC Distance Night

33	5:08.14 *#	Caroline McCaslin	4/13/2012	Franklin Central Showcase
34	5:08.17	Lila Bensenhaver	3/27/2024	AOC Distance Night
35	5:08.51 c	Leah Penick	4/28/2023	Brother Borgia Invitational
36	5:08.54 c	Leah Penick	5/5/2023	Dream Mile
37	5:08.64 *#	Emily Bean	5/3/2013	Dream Mile
38	5:08.84 *#	Sarah Crawford	4/22/2016	Louisville Premier Classic
39	5:08.85	Caroline McCaslin	5/10/2012	Region 4-AAA Championship
40	5:09.37 c	Leah Penick	4/21/2023	Eastern Relays
41	5:09.88	Caroline McCaslin	5/19/2012	State AAA Championship
42	5:09.90	Ellie Meyer	6/4/2021	Class 3A Region 4 Championship
43	5:09.94 *#	Kenzley Defler	6/1/2013	Music City Distance Carnival
44	5:10.00	Ashley El Rady	5/26/2010	Region 4-AAA Championship
45	5:10.19	Ellie Meyer	6/12/2021	Class 3A State Championship
46	5:10.57 c	Mabel George	4/27/2024	Brother Borgia Invitational
47	5:10.84 *#	Emily Bean	4/25/2014	Eastern Relays
48	5:10.94 *#	Emily Bean	5/4/2012	Dream Mile
49	5:11.04 c	Leah Penick	4/12/2024	Flashes Showcase
50	5:11.09	Julia Schmitt	5/24/2022	Region 4AAA Championship
51	5:11.25	Caroline McCaslin	4/27/2012	Eastern Relays
52	5:11.38	Ashley El Rady	4/23/2011	Brother Borgia Invite
53	5:11.44 *#	Kyndel Guyton	6/1/2013	Music City Distance Carnival
54	5:11.67	Leah Penick	3/29/2023	AOC Distance Night
55	5:12.15 c	Julia Schmitt	4/30/2021	Dream Mile
56	5:12.45	Ashley El Rady	4/9/2010	Mountain Brook Invitational
57	5:12.53	Elle Cargould	3/29/2023	AOC Distance Night
58	5:13.14 *#	Emily Bean	6/1/2013	Music City Distance Carnival
59	5:13.24 *	Bailey Davis	4/21/2012	Warren East Raider Classic
60	5:13.54	Ashley El Rady	6/5/2010	State AAA Championship
60	5:13.54 *#	Bailey Davis	4/25/2014	Eastern Relays
62	5:13.57	Katherine Receveur	5/24/2014	State AAA Championship
63	5:13.65	Ellie Meyer	4/9/2021	AHS-OC 5 team meet
64	5:13.74 *#	Meghan Carrico	5/6/2016	Dream Mile
65	5:13.75	Emily Bean	4/27/2012	Eastern Relays
66	5:13.94 *#	Meghan Carrico	6/1/2013	Music City Distance Carnival
67	5:14.04 *#	Caroline McCaslin	5/13/2011	Dream Mile
68	5:14.34 *#	Ashley El Rady	5/7/2010	Dream Mile
69	5:14.81	Bailey Davis	5/28/2011	State AAA Championship
70	5:15.00	Bailey Davis	5/18/2011	Region 4-AAA Championship
71	5:15.04 c	Julia Schmitt	4/22/2022	Eastern Relays
72	5:15.19 c	Julia Schmitt	4/21/2023	Eastern Relays
73	5:15.34 *#	Katherine Receveur	5/13/2011	Dream Mile
74	5:15.39	Meghan Carrico	5/24/2014	State AAA Championship
75	5:15.50 c	Lila Bensenhaver	4/12/2024	Flashes Showcase
76	5:15.57	Ashley El Rady	5/18/2011	Region 4-AAA Championship
77	5:15.94 *#	Meghan Carrico	5/1/2015	Dream Mile
78	5:16.05 c	Leah Penick	4/30/2022	Brother Borgia
79	5:16.08	Brooke Greenwell	6/1/2024	State Class 3A Championship

80	5:16.20 c	Mabel George	4/12/2024	Flashes Showcase
81	5:16.41 c	Mattie Whitworth	4/28/2023	Brother Borgia Invitational
82	5:16.44 *#	Bailey Davis	5/13/2011	Dream Mile
83	5:16.56	Ashley El Rady	4/23/2010	Eastern Relays
84	5:16.62 c	Julia Schmitt	5/5/2023	Dream Mile
85	5:16.64 *#	Meghan Carrico	4/29/2016	Eastern Relays
86	5:16.67	Katherine Receveur	5/13/2014	Region 4-AAA Championship
87	5:16.76	Sarah Crawford	5/18/2013	State AAA Championship
88	5:16.80	Ashley El Rady	5/28/2011	State AAA Championship
89	5:16.86 c	Elle Cargould	4/28/2023	Brother Borgia Invitational
90	5:16.99	Brooke Greenwell	5/20/2024	Region 4AAA Championship
91	5:17.06	Kenzley Defler	5/2/2013	Sundown Invitational
92	5:17.12 c	Elle Cargould	4/21/2023	Eastern Relays
93	5:17.26 c	Emily Bean	4/12/2013	Franklin Central Showcase
94	5:17.33	Brooke Greenwell	5/15/2024	Meet of Champions
95	5:17.43	Lila Bensenhaver	3/29/2023	AOC Distance Night
96	5:17.44 *#	Kyndel Guyton	5/3/2013	Dream Mile
97	5:17.81	Lila Bensenhaver	6/3/2023	Class 3A State Championship
98	5:17.84 *#	Abbie Wright	5/1/2015	Dream Mile
99	5:17.86	Sarah Crawford	5/9/2013	Region 4-AAA Championship
100	5:17.93	Ashley El Rady	5/23/2009	State AAA Championship