

All-time Top 100 Performances: 3200m run

The times below are reported as FAT. Handtimes are adjusted by rounding up to the next higher tenth, followed by adding 0.24 seconds to that result (* = converted handtime).

A "c" indicates that the time was converted from yards to meters (e.g. 100 yards to 100 meters, 1 mile to 1600 meters, etc).

A "#" indicates a 1500m/1600m/3200m time that was taken at the 1500m/1600m/3200m mark in a 1 mile/2 mile race.

Girls 3200m Run

1	10:05.69	Reagan Gilmore	11/11/2023	Lloyd White Distance Festival
2	10:19.94	Reagan Gilmore	4/19/2024	Eastern Relays
3	10:27.57	Reagan Gilmore	6/1/2024	State Class 3A Championship
4	10:31.71	Leah Penick	6/1/2024	State Class 3A Championship
5	10:38.12	Julia Schmitt	11/11/2023	Lloyd White Distance Festival
6	10:38.74	Leah Penick	11/11/2023	Lloyd White Distance Festival
7	10:39.35	Reagan Gilmore	5/20/2024	Region 4AAA Championship
8	10:46.13	Reagan Gilmore	4/21/2023	Eastern Relays
9	10:47.17	Reagan Gilmore	11/12/2022	Lloyd White Distance Festival
10	10:49.46	Leah Penick	4/19/2024	Eastern Relays
11	10:55.00	Leah Penick	5/20/2024	Region 4AAA Championship
12	10:56.84	Emily Bean	4/25/2014	Eastern Relays
13	10:58.17	Reagan Gilmore	4/22/2022	Eastern Relays
14	10:59.61	Bailey Davis	4/25/2014	Eastern Relays
15	10:59.93	Emily Bean	5/18/2013	State AAA Championship
16	11:04.44	Reagan Gilmore	6/4/2022	Class 3A State Championship
17	11:05.69	Bailey Davis	5/24/2014	State AAA Championship
18	11:05.79	Mabel George	11/11/2023	Lloyd White Distance Festival
19	11:05.80	Emily Bean	4/27/2012	Eastern Relays
20	11:08.96	Lila Bensenhaver	11/11/2023	Lloyd White Distance Festival
21	11:09.24	Sarah Michels	5/20/2017	State AAA Championship
22	11:10.53	Ashley El Rady	5/18/2010	Louisville City Championship
23	11:10.94 *#	Emily Bean	6/8/2013	Midwest Distance Festival
24	11:13.54 *#	Kenzley Defler	6/8/2013	Midwest Distance Festival
25	11:14.06	Kenzley Defler	5/18/2013	State AAA Championship
26	11:14.31 #	Caitlin Perkins	6/14/2024	Adidas Outdoor Nationals
27	11:14.75	Kenzley Defler	4/26/2013	Eastern Relays
28	11:16.07	Julia Schmitt	11/12/2022	Lloyd White Distance Festival
29	11:17.92	Reagan Gilmore	11/13/2021	Lloyd White Distance Festival
30	11:18.31	Bailey Davis	5/13/2014	Region 4-AAA Championship
31	11:18.59	Sarah Crawford	4/29/2016	Eastern Relays
32	11:19.44 *#	Bailey Davis	6/13/2014	New Balance Outdoor Nationals
33	11:19.62	Morgan White	11/11/2023	Lloyd White Distance Festival
34	11:19.84	Reagan Gilmore	5/24/2022	Region 4AAA Championship

35	11:19.91	Sarah Michels	4/21/2017	Eastern Relays
36	11:20.60	Elle Cargould	5/6/2023	Run for the Roses
37	11:20.82	Julia Schmitt	11/13/2021	Lloyd White Distance Festival
38	11:21.42	Kenzley Defler	4/27/2012	Eastern Relays
39	11:22.03	Ashley El Rady	5/26/2010	Region 4-AAA Championship
40	11:22.10	Leah Penick	11/12/2022	Lloyd White Distance Festival
41	11:22.88	Leah Penick	6/4/2022	Class 3A State Championship
42	11:22.90 c	Emily Bean	6/14/2013	New Balance Outdoor Nationals
42	11:22.90	Emily Bean	5/19/2012	State AAA Championship
44	11:23.54	Leah Penick	11/13/2021	Lloyd White Distance Festival
45	11:23.60	Emily Bean	4/26/2013	Eastern Relays
46	11:24.60	Kyndel Guyton	4/26/2013	Eastern Relays
47	11:24.83	Morgan White	4/19/2024	Eastern Relays
48	11:24.85	Emily Bean	5/9/2013	Region 4-AAA Championship
49	11:25.50	Emily Bean	5/10/2012	Region 4-AAA Championship
50	11:25.71	Kenzley Defler	4/25/2014	Eastern Relays
51	11:26.22	Sydney Larkin	4/24/2015	Eastern Relays
52	11:26.49	Ashley El Rady	4/9/2010	Mountain Brook Invitational
53	11:27.76	Bailey Davis	4/12/2014	Male Invitational
54	11:27.90	Kenzley Defler	12/6/2012	DCAC-LTC Fall Time Trial #2
55	11:28.02	Kenzley Defler	5/19/2012	State AAA Championship
55	11:28.15	Caitlin Perkins	5/2/2024	Sundown Invitational
57	11:28.15	Sydney Larkin	5/23/2015	State AAA Championship
58	11:28.93	Emily Bean	4/18/2012	Dual Meet vs Sacred Heart
59	11:28.96	Ashley El Rady	6/5/2010	State AAA Championship
60	11:29.64	Morgan White	5/2/2024	Sundown Invitational
61	11:29.82	Sarah Michels	4/15/2017	Johnny Conn Invitational
62	11:30.33	Kate Crawford	4/26/2013	Eastern Relays
63	11:30.59	Sydney Larkin	4/29/2016	Eastern Relays
64	11:30.61	Mattie Whitworth	11/13/2021	Lloyd White Distance Festival
65	11:30.66	Allison Riedling	5/18/2010	Louisville City Championship
66	11:31.08	Leah Penick	5/5/2022	Sundown Invitational
67	11:31.21	Allison Riedling	5/26/2010	Region 4-AAA Championship
68	11:31.29	Kenzley Defler	5/10/2012	Region 4-AAA Championship
69	11:32.13	Brooke Greenwell	11/11/2023	Lloyd White Distance Festival
70	11:32.16	Kate Crawford	5/2/2013	Sundown Invitational
71	11:32.59	Mabel George	11/12/2022	Lloyd White Distance Festival
72	11:32.66	Sydney Larkin	5/28/2016	State AAA Championship
73	11:33.14	Sydney Larkin	4/25/2014	Eastern Relays
74	11:33.23	Caitlin Perkins	4/19/2024	Eastern Relays
75	11:33.33	Ashley El Rady	5/10/2011	Louisville City Championship
76	11:34.14 *	Allison Riedling	4/24/2009	Eastern Relays
77	11:34.25	Leah Penick	5/24/2022	Region 4AAA Championship
78	11:34.30	Morgan White	5/6/2023	Run for the Roses
79	11:35.27	Elle Cargould	5/22/2023	Region 4AAA Championship
80	11:35.55	Mattie Whitworth	11/11/2023	Lloyd White Distance Festival
81	11:35.63	Mattie Whitworth	11/12/2022	Lloyd White Distance Festival

82	11:35.76	Kenzley Defler	5/24/2014	State AAA Championship
83	11:36.01	Emily Bean	5/18/2011	Region 4-AAA Championship
84	11:36.19	Elle Cargould	11/12/2022	Lloyd White Distance Festival
85	11:36.34 *#	Kate Crawford	6/8/2013	Midwest Distance Festival
86	11:36.53	Meghan Carrico	11/21/2013	DCAC/LTC Time Trial
87	11:36.91	Sarah Michels	5/9/2017	Region 4-AAA Championship
88	11:37.02	Sydney Larkin	5/12/2015	Region 4-AAA Championship
89	11:37.29	Sara Davis	5/23/2009	State AAA Championship
90	11:37.50	Taryn Tracy	4/19/2024	Eastern Relays
91	11:37.76	Sara Davis	5/30/2008	State AAA Championship
92	11:37.97	Sarah Crawford	5/23/2015	State AAA Championship
93	11:38.18	Kenzley Defler	5/13/2014	Region 4-AAA Championship
94	11:38.20	Emily Bean	5/28/2011	State AAA Championship
95	11:38.73	Hannah Jemley	11/13/2021	Lloyd White Distance Festival
96	11:38.97	Taryn Tracy	5/2/2024	Sundown Invitational
97	11:39.55	Kenzley Defler	5/9/2013	Region 4-AAA Championship
98	11:40.25	Morgan White	4/21/2023	Eastern Relays
99	11:40.31	Caitlin Perkins	11/11/2023	Lloyd White Distance Festival
100	11:40.43	Morgan White	5/22/2023	Region 4AAA Championship