

All-time Best Performers: 400m dash

The times below are reported as FAT. Handtimes are adjusted by rounding up to the next higher tenth, followed by adding 0.24 seconds to that result (* = converted handtime).

A "c" indicates that the time was converted from yards to meters
(e.g. 100 yards to 100 meters, 1 mile to 1600 meters, etc).

Girls 400m Dash (cutoff: 1:08.74 FAT, 1:08.5 handtime)

1	58.24 *	Trish Todd	5/19/2004	Meet of Champions
2	58.33	Michelle East	5/25/1991	State AAA Championship
3	58.53	Emily Wiegel	5/23/2015	State AAA Championship
4	58.81	Chloe Freilinger	5/8/2021	Eastern Relays
5	59.42	Taylor Allen	3/30/2016	Quad Meet
6	59.48	Mabel George	5/2/2024	Sundown Invitational
7	59.74 *c	Teresa Wright	5/14/1974	Regional Championship
8	1:00.13	Rebecca Gronotte	5/27/1994	State AAA Championship
9	1:00.14 *	Maeghan Ramser	5/21/1997	Regional Championship
10	1:00.30	Madeline Powell	5/21/2021	AHS-Notre Dame Dual
11	1:00.34 *	Susan Taylor	5/23/1986	Sectional Championship
12	1:00.54 *c	Sandy Schaefer	5/1/1980	Dual meet vs Atherton
13	1:00.68	Marissa Higgins	5/23/2006	Region 3-AAA Championship
14	1:01.00	Julie Brayton	5/24/2004	Region 3-AAA Championship
15	1:01.09	Lillian Broniak	6/3/2023	Class 3A State Championship
16	1:01.24 *	Tonya Willis	5/15/1981	Sectional Championship
17	1:01.39	Hannah Elliott	5/2/2013	Sundown Invitational
18	1:01.45	Sam Lindle	3/27/2024	Girls Night Out
19	1:01.61	Katherine Receveur	3/21/2012	Dual Meet vs Eastern
20	1:01.74 *	Melanie Strothman	4/13/2011	Dual Meet vs Eastern
21	1:02.03	Lisi Spence	5/13/2014	Region 4-AAA Championship
22	1:02.04	Laura Armstrong	4/22/2006	Bulldog Classic
23	1:02.14 *	Melea East	5/9/1989	Regional Championship
24	1:02.31	Abbie Wright	4/11/2014	Louisville Premier Classic
25	1:02.50	Amanda Vokoun	4/18/2012	Dual Meet vs Sacred Heart
26	1:02.60	Sophie Bouldin	3/30/2022	Bullitt East All-Comers meet
27	1:02.64	Julia Schmitt	5/11/2021	AHS Mini-Meet
28	1:02.66	Ade Ighodaro	5/13/2008	Area 3 Meet of Champions
29	1:02.69	Debbie Ryan	5/23/2005	Region 3-AAA Championship
29	1:02.69	Lauryn Grady	5/18/2016	Region 4-AAA Championship
31	1:02.84 *	Angel Jennings	4/21/2003	Dual meet vs Seneca, KCD
32	1:02.85	Laura Henley	4/16/2004	Bulldog Classic Open
33	1:02.89	Stephanie Wilson	4/22/2006	Bulldog Classic
34	1:02.94 *	Racheal McDonald	5/11/2000	Meet of Champions
35	1:03.24	Ellie Meyer	5/11/2021	AHS Mini-Meet
36	1:03.34 *	Lindsay Brzozka	5/21/1997	Regional Championship

37	1:03.64 *	Erin Storck	4/17/2007	Dual meet vs Manual, Mercy
38	1:03.74 *	Caroline McCaslin	5/4/2010	Academy Meet
39	1:03.78	Elizabeth Lohr	5/26/2010	Region 4-AAA Championship
40	1:03.84 *	Leigh Hulsmeyer	4/25/1983	Derby Invitational
41	1:04.04 *	Yemicia Akande	4/13/1995	Dual meet vs Shawnee, HR
41	1:04.04 *	Kelly Mitchell	4/29/2003	Derby Invitational
43	1:04.28	Sophie Jerome	5/21/2021	AHS-Notre Dame Dual
44	1:04.35	Lauren Noe	3/31/2007	Lenny Lyles Invitational
45	1:04.53	Karissa Moll	5/23/2005	Region 3-AAA Championship
46	1:04.55	Mattie Whitworth	5/11/2021	AHS Mini-Meet
47	1:04.64	Reagan Gilmore	3/30/2022	Bullitt East All-Comers meet
48	1:04.67	Lauren Hayden	4/3/2012	Oldham Co All-Comers
49	1:04.73	Kendall Norrenbrock	3/30/2022	Bullitt East All-Comers meet
50	1:04.74 *	Jenny Starr	5/16/2001	Dual meet vs PRP, Pres
51	1:04.75	Kate Sherman	3/30/2022	Bullitt East All-Comers meet
52	1:04.80	Olivia Reibel	3/21/2012	Dual Meet vs Eastern
53	1:04.85	Kinsley Yaden	5/20/2024	Region 4AAA Championship
54	1:04.94 *	Holly Grant	5/7/2003	Dual meet vs Eastern
54	1:04.94 *	Krissy Chandler	4/21/2003	Dual meet vs Seneca, KCD
56	1:05.03	Chloe Moakler	5/9/2017	Region 4-AAA Championship
57	1:05.11	Anna Grace Gibson	5/21/2021	AHS-Notre Dame Dual
58	1:05.14 *	Beth Moll	5/9/1984	Regional Championship
59	1:05.17	Madison Browning	4/11/2014	Louisville Premier Classic
60	1:05.38	Kate Kolokowsky	5/21/2021	AHS-Notre Dame Dual
61	1:05.39	Olivia Wrocklage	5/15/2010	St Xavier Invitational
62	1:05.44 *	Carey Limke	4/24/1988	Academy Meet
62	1:05.44 *	Ellen Marko	4/13/2011	Dual Meet vs Eastern
62	1:05.44 *	Bethany Schweiger	4/29/2009	Academy Meet
62	1:05.44 *	Kristina Wilson	5/7/2003	Dual meet vs Eastern
66	1:05.54	Freya Diehlmann	4/16/2005	Male Kickoff
67	1:05.54 *	Kali Brewer	5/16/2001	Dual meet vs PRP, Pres
67	1:05.54 *	Tracy Bosemer	5/9/1990	Regional Championship
69	1:05.64 *	Kristen Elder	4/10/2002	Dual meet vs Waggener, SHA
70	1:05.73	Rebecca Burch	5/5/2006	DM Roosevelt Memorial Inv
71	1:05.94 *	Alex Frantz	5/8/2004	EG Plummer Invitational
72	1:05.94	Lila Bensenhaver	5/11/2021	AHS Mini-Meet
73	1:05.99	Anna Dierken	5/11/2021	AHS Mini-Meet
74	1:06.04	Liz Todd	4/18/2003	Bulldog Classic Open
75	1:06.04 *	Nicole Haworth	5/7/2003	Dual meet vs Eastern
76	1:06.11	Leah Penick	3/30/2022	Bullitt East All-Comers meet
77	1:06.14 *	Meagan Snedeker	5/17/1995	Regional Championship
78	1:06.19	Taylor Moore	3/30/2016	Quad Meet
79	1:06.24 *	Carly Boblitt	5/20/1998	Regional Championship
79	1:06.24 *	Courtney Pollock	4/29/1997	Derby Invitational
81	1:06.33	Alyssa Neubacher	4/29/2021	Sundown Invitational
82	1:06.44 *	Emily Bean	4/13/2011	Dual Meet vs Eastern
83	1:06.44	Haley McEnaney	3/16/2018	Oldham County Kickoff

84	1:06.60	Ese Ighodaro	4/22/2005	Bulldog Classic Open
85	1:06.62	Rachel Porter	4/9/2021	AHS-OC 5 team meet
86	1:06.66	Annie Gilbert	3/27/2024	Girls Night Out
87	1:06.74 *	Whitney Shipman	5/1/2007	Dual meet vs SHA, Ath, Butler
88	1:06.77	Marissa Findley	3/16/2018	Oldham County Kickoff
89	1:06.79	Erin Block	4/21/2001	Jeffersonville Invitational
90	1:06.81	Audrey Babcock	3/16/2018	Oldham County Kickoff
91	1:06.84 *c	Cathy Curtsinger	4/27/1975	Academy Meet
92	1:06.91	Raelyn Willman	5/21/2021	AHS-Notre Dame Dual
93	1:06.93	Halli Wilkinson	4/18/2015	Hinsdale Central Invite
94	1:06.99	Brandy Orth-Becker	4/16/2011	Male Invitational
95	1:07.07	Kristian Bohn	3/30/2022	Bullitt East All-Comers meet
96	1:07.18	Sydney Gittings	4/29/2011	Eastern Relays
97	1:07.19	Natalie Remmers	4/23/2010	Eastern Relays
98	1:07.24 *	Amy Pace	4/23/1990	Dual meet vs Seneca, SHA
99	1:07.31	Bella Siegel	4/13/2021	B.E. Charger Challenge
100	1:07.44 *c	Lisa Hahn	4/17/1980	Dual Meet vs Fern Crk, Moore
101	1:07.44 *	Katherine Blanford	5/8/2007	Academy Meet
102	1:07.54 *c	Ellen Crutcher	5/3/1970	Catholic HS Invitational
103	1:07.54 *	Bethany Lega	5/12/2005	Atherton JV Invitational
104	1:07.64 *c	Ann Brian	4/14/1981	Dual meet vs Seneca, SHA
105	1:07.72	Elizabeth O'Bryan	4/16/2016	Dual vs CAL-North Oldham
105	1:07.72	Lindsey Domene	5/1/2018	AHS Mini-Meet 1
107	1:07.74 *	Paige Barnsfather	5/16/2001	Dual meet vs PRP, Pres
108	1:07.82	Hannah Lane	5/2/2012	Academy Meet
109	1:08.04 *	Beth Moses	5/15/1996	Regional Championship
109	1:08.04 *	Nichole Silverstein	4/14/2010	Dual Meet vs Eastern
111	1:08.14 *	Mary-Kate Smith	4/28/2010	Dual Meet vs Fern Creek
112	1:08.24 *	Dona Norton	4/25/1989	Dual meet vs Central, Valley
112	1:08.24 *	Cathy Whelan	4/16/1991	Dual meet vs Male, Manual
114	1:08.34 *	Maggie Corrigan	5/9/2002	Dual meet vs Butler, PRP
114	1:08.34 *	Allison Riedling	5/1/2007	Dual meet vs SHA, Ath, Butler
116	1:08.44 *	Jeanna Gandolfo	4/25/1995	Dual meet vs Central, Butler
116	1:08.44 *	Ellen Daly	5/1/2007	Dual meet vs SHA, Ath, Butler
116	1:08.44 *	Kenzley Defler	4/13/2011	Dual Meet vs Eastern
119	1:08.54 *	McKenzie Browning	5/1/2013	AHS JV Mini-Meet
120	1:08.64 *	Katie Bindner	5/16/2001	Dual meet vs PRP, Pres
121	1:08.74 *c	Karen McAuliffe	5/2/1971	Catholic HS Invitational
122	1:08.74 *	Sophie Beavin	3/19/2013	Intrasquad Meet #1