

All-time Best Performers: 5000m run

The times below are reported as FAT. Handtimes are adjusted by rounding up to the next higher tenth, followed by adding 0.24 seconds to that result (* = converted handtime).

Girls 5000m Run

1	18:26.38	Sarah Michels	3/10/2017	New Balance Indoor Nationals
2	18:35.30	Sydney Larkin	12/11/2015	UIndy Winter Break Indoor
3	20:13.13	Rachel Dierken	12/9/2016	UIndy Winter Break Meet
4	21:10.64	Rachel O'Bryan	12/9/2016	UIndy Winter Break Meet
5	21:17.21	Jessica Stein	12/9/2016	UIndy Winter Break Meet