

Top Relays per Season: 4 x 400m Relay

The times below are reported as FAT. Handtimes are adjusted by rounding up to the next higher tenth, followed by adding 0.24 seconds to that result (* = converted handtime).
An "X" indicates that the time was converted from yards to meters.

Girls 4x400m Relay

1	4:00.97	State AAA Championship	5/30/2003	Julie Brayton	Krissy Chandler	Angel Jennings	Trish Todd
2	4:03.39	State AAA Championship	5/19/2012	Melanie Strothman	Katherine Receveur	Hannah Elliott	Amanda Vokoun
3	4:04.29	State AAA Championship	5/23/2015	Lisi Spence	Taylor Allen	Abbie Wright	Emily Wiegel
4	4:05.49	State AAA Championship	6/1/2007	Erin Storck	Marissa Higgins	Lauren Noe	Ade Ighodaro
5	4:05.76	State AAA Championship	6/4/2004	Julie Brayton	Laura Henley	Laura Armstrong	Trish Todd
6	4:05.80	Region 4-AAA Championship	5/13/2014	Abbie Wright	Lisi Spence	Sarah Crawford	Emily Wiegel
7	4:06.64	State AAA Championship	5/28/2011	Melanie Strothman	Amanda Vokoun	Hannah Elliott	Ellen Marko
8	4:06.73	Region 4-AAA Championship	5/9/2013	Abbie Wright	Lisi Spence	Katherine Receveur	Hannah Elliott
9	4:07.16	Quad Meet vs DM, BE, FC	3/30/2016	Taylor Allen	Lauryn Grady	Meghan Carrico	Emily Wiegel
10	4:09.25	State AAA Championship	5/25/1991	Ronetta Montgomery	Cathy Whelan	Melea East	Michelle East
11	4:09.88	State AAA Championship	5/31/2002	Julie Brayton	Krissy Chandler	Racheal McDonald	Trish Todd
12	4:10.41	Johnny Conn Invitational	4/15/2017	Taylor Allen	Lauryn Grady	Chloe Moakler	Emily Wiegel
13	4:11.12	Region 4-AAA Championship	5/21/2019	Madeline Powell	Audrey Babcock	Sophie Jerome	Chloe Freilinger
14	4:11.20	State AAA Championship	6/3/2005	Debbie Ryan	Karissa Moll	Stephanie Wilson	Laura Armstrong
15	4:11.84 *	Sectional Championship	5/23/1992	Lisa Lampkin	Rebecca Gronotte	Melea East	Yemicia Akande
16	4:13.60	State AAA Championship	5/27/1994	Melanie Massie	Yemicia Akande	Maeghan Ramser	Rebecca Gronotte
17	4:13.88	State AAA Championship	5/30/1997	Lindsay Brzozka	Meagan Snedeker	Rebecca Hash	Maeghan Ramser
18	4:14.96	Region 4-AAA Championship	5/26/2010	Ellen Marko	Amanda Vokoun	Elizabeth Lohr	Caroline McCaslin
19	4:16.04 *	Meet of Champions	4/23/1982				
20	4:16.14 *	Sectional Championship	5/15/1981				
21	4:16.41	Region 3-AAA Championship	5/23/2006	Erin Storck	Marissa Higgins	Stephanie Wilson	Laura Armstrong
22	4:16.83	Region 4-AAA Championship	5/16/2009	Amanda Vokoun	Elizabeth Lohr	Bethany Schweiger	Erin Storck
23	4:17.64 *	Regional Championship	5/17/1995	Yemicia Akande	Jeanna Gandolfo	Meagan Snedeker	Maeghan Ramser
24	4:18.11	Eastern Relays	4/21/2018	Haley McEnaney	Marissa Findley	Audrey Babcock	Taylor Allen
25	4:19.44 *	Meet vs Cent, Ft Knox, Vall	4/25/1989	Michelle East	Melea East	Tracy Bosemer	Heather Pace
26	4:21.24 *	Meet vs SHA, Coll, Atherton	5/8/1990	Michelle East	Kim Baron	Tracy Bosemer	Heather Pace
27	4:22.60	State AAA Championship	5/28/1993				
28	4:22.84 *	Regional Championship	5/9/1984				
29	4:22.94 *	Male Kickoff	3/31/2001	Racheal McDonald	Krissy Chandler	Paige Barnsfather	Angel Jennings

30	4:23.84	Kenwood Classic	4/29/2000	Racheal McDonald	Lisa DuBarry	Jackie Faulkenberg	Angel Jennings
31	4:24.04	Region 3-AAA Championship	5/21/2008	Erin Storck	Olivia Wrocklage	Bethany Schweiger	Ade Ighodaro
32	4:24.24 *	Derby Invite	4/25/1983				
33	4:25.24 *	Derby Invite	5/3/1988	Susan Taylor	Kim Schwoepee	Carey Limke	Tracy Bosemer
33	4:25.24 *	Regional Championship	5/11/1988	Susan Taylor	Tracy Bosemer	Carey Limke	Kim Schwoepee
35	4:26.24 *	Derby Invite	4/28/1987				
36	4:27.84 *	Regional Championship	5/15/1996	Beth Moses	Jeanna Gandolfo	Rebecca Clary	Meagan Snedeker
37	4:30.64 *	Regional Championship	5/20/1998	Lindsay Brzozka	Meagan Snedeker	Abbey Cahill	Carly Boblitt
38	X4:32.64 *	Meet vs Atherton	5/1/1980	Michelle Mueller	Lisa Hahn	Susan McDevitt	Ann Brian
39	4:39.24 *	Derby Invite	4/29/1986	Kathleen Clark	Melanie Ramage	Michelle Herbig	Susan Taylor
40	X4:39.74 *	Catholic High School Invite	5/4/1975				
41	4:43.24 *	Meet vs Ahrens, Ballard	4/23/1979	Michelle Mueller	Lisa Hahn	Oetkin	Sandy Schaefer
42	4:51.84 *	Male Kickoff	3/27/1999	Sarah Luttrell	Emily McWilliams	Sarah Bush	Jamie Smeland
43	X4:52.64 *	Meet vs J-town, Seneca	4/28/1978				
44	X4:57.54 *	Academy League Meet	4/25/1977				
45	X5:00.74 *	Academy League Meet	5/9/1976				